

# January Lunch Menu

#### January 6 - January 7

Thursday: Fiestada, Corn, Fruit

Friday: Salisbury Steak, Mashed Potatoes, Dinner Roll, Fruit

### January 10 – January 14

Monday: Beef Soft Tacos, Tri Potato, Fruit

Tuesday: Turkey Sandwich, Green Beans, Fruit

Wednesday: Country Baked Steak, Mashed Potato, Dinner Roll, Fruit

Thursday: Chicken Tenders, Rice, Broccoli, Fruit

Friday: Egg and Cheese Breakfast Sandwich, Baked Beans, Fruit

#### January 17 – January 21

Monday: Ham, Au Gratin Potato, Green Beans, Dinner Roll, Fruit

Tuesday: Hamburger, French Fries, Fruit

Wednesday: Chicken Fillet, Alfredo Noodles, Broccoli, Fruit

Thursday: BBQ Rib on a Bun, Chips, Corn, Fruit

Friday: Cheese French Bread, Tomato Soup, Fruit

## January 24 - January 28

Monday: Chicken Patty on a Bun, Green Beans, Fruit Tuesday: Steak Fingers, Rice, Mixed Veggie, Fruit

Wednesday: Hot Dog, Chips Baked Beans, Fruit

Thursday: Quesadilla, Tater Sticks, Fruit

Friday: Mac-n-cheese, Garlic Bread, Broccoli, Fruit

## January 31 – February 4

Monday: COLD LUNCH DAY

Tuesday: Chicken Nuggets, Fries, Dinner Roll, Fruit

Wednesday: Nachos, Tri Potato, Fruit Thursday: Pizza, Green Beans, Fruit

Friday: Mandarin Chicken, Rice, Mixed Veggie, Fruit

<sup>\*\*\*</sup>Choice of 1% Unflavored and Fat-Free Flavored Milk offered daily and included with each lunch.

<sup>\*\*\*</sup>Menu Subject to Change without Notice \*\*\*USDA is an equal opportunity employer and provider\*\*\*