



# september lunch menu

## **September 4 – September 8**

- Monday: NO SCHOOL—Labor Day  
Tuesday: Chicken Fajita on whole grain tortilla, Lettuce, Red/Green Peppers & Onions  
Spanish Rice, Corn, Applesauce, Black Bean Salsa, Brownie  
Wednesday: Meatball Sub on a WHGRN Bun, Green Beans, Mozzarella Cheese, Mixed  
Fruit, Potato Coins, Snickerdoodle Cookie  
Thursday: Chicken Alfredo, Carrots, WHGRN Bread Stick, Pears, Frosted Cake  
Friday: Creamed Turkey, Mashed Potatoes, Rice, Broccoli, Pineapple, Dinner Roll

## **September 11 – September 15**

- Monday: French Toast Sticks, Sausage Links, Baked Beans, Peaches, Pudding Cup  
Tuesday: Beef Taco on WHGRN tortilla, Lettuce, Salsa, Corn, Tater Sticks, Applesauce,  
Chocolate Chip Cookie  
Wednesday: Chicken Patty on WHGRN bun, Sun Chips, Green Beans, Fresh Apples,  
Juice Box  
Thursday: Country Baked Steak, Mashed Potato, California Blend Vegetable, Dinner Roll,  
Mixed Fruit  
Friday: Tail Gate Party! Hot Dog, Chips, Cookie, Juice Box.

## **September 18 – September 22**

- Monday: Its National Cheeseburger Day! Hamburger on WHGRN bun, Cheese  
Slices, Fries, Corn, Peaches, Applesauce Bar  
Tuesday: Chili, Baked Cheese Sandwich, Crackers, Pineapple, Strawberry Cups  
Wednesday: BBQ Rib on WHGRN bun, Potato Wedges, Broccoli, Pears, Sugar Cookie  
Thursday: NO SCHOOL  
Friday: NO SCHOOL

## **September 25 – September 29**

- Monday: Nachos w/ WHGRN tortilla chips, Corn, Potato Coins, Pineapple, Fresh  
Orange Slices  
Tuesday: Chicken Nuggets, Mashed Potato, Rice, Broccoli, Peaches  
Wednesday: Ham Slices, Macaroni and Cheese, Green Beans, Dinner Roll, Pears  
Thursday: Beef and Bean Burrito, Tater Sticks, Carrots & Peas, Applesauce, Cookie  
Friday: Hot Dog on WHGRN bun, Scotus Rock, Baked Beans, Sun Chips, Frozen  
Peach Cup, Mixed Fruit

**\*\*\*Choice of 1% Unflavored and Fat-Free Flavored Milk offered daily and included with each lunch. \*\*\*Menu Subject to Change \*\*\*USDA is an equal opportunity employer and provider\*\*\***